

# VALLEY AREA AGENCY ON AGING

2008

## ANNUAL REPORT



*Advocacy, Action & Answers for Long Term Care*

## **2008 Valley Area Advisory Council**

### **Senior Citizens Representatives**

#### **City of Flint**

Eleanor James

#### **Genesee County**

Ray Davis

Penny Roberts

Billye Thompson, **Vice-Chair**

#### **Lapeer County**

Bea Hockey, **Secretary**

Lee Scott, **Chair**

Joyce Thatcher

#### **Shiawassee County**

Junior Love

Donna Tobias

#### **Agency Representatives**

#### **Family Independence Agency**

Angie Payne

#### **City of Flint Human Relations Commission**

Rosia Murphy

#### **Genesee County Community Action Resource Department**

Laura Rahmaad

#### **Greater Lapeer Transit**

#### **Authority**

Carol Wegher

#### **Medicare/Medicaid Assistance Program**

Kathy Adamson

#### **Social Security Administration**

Pam Koutouzou

#### **Disabled American Veterans Veterans of Foreign Wars**

Vacant

#### **Greater Flint Council of Churches**

Vacant

## **Mission Statement**

The Valley Area Agency on Aging's mission and purpose is to provide advocacy, services and programs which help elderly and disabled individuals remain living independently in their own homes with dignity for as long as possible.

## **Background**

The Valley Area Agency on Aging is one of 16 Area Agencies on Aging in Michigan established by the Older Americans Act of 1965 and the State Older Michigianians Act to meet the needs of a growing aging population. VAAA is governed by an Executive Board comprised of elected officials and a volunteer senior citizen majority.

## **Objectives**

- Fund service providers through a competitive bidding process.
- Ensure quality assurance and provide technical assistance to service providers.
- Advocate on issues of concern to older adults and persons with disabilities at local, regional and national levels.
- Provide employment training services to older workers.
- Identify unmet needs and develop new service programs.

## **Services**

- Adult Day Care
- Care Management Programs
- Caregiver Support Programs
- Crisis Intervention Program
- Elder Abuse Prevention & Education
- Health Screenings
- Hearing Impaired/Vision Services
- Information & Assistance
- Legal Assistance
- Long-Term Care Ombudsman  
(Nursing Home Assistance)
- Medicare/Medicaid Assistance Program
- MI Choice Waiver Program
- Nutrition Programs
- Older Worker Employment Services
- Senior Centers
- Valley CHOICE Programs
- Medication Management

## Executive Director State of Aging Report

The Valley Area Agency on Aging would like to thank all our partners in the aging network. Your dedication to the well being of our aging and disabled population truly makes the difference in the lives of those we serve.

During the past year, the VAAA Region 5 Senior Advocates Council, Advisory Council and Board of Directors were actively involved in advocacy related to the following legislation: Blue Cross Blue Shield of Michigan; energy legislation, MI Choice funding increase; support of 911 funding; increased federal support for Medicare Outreach programs; collected 659 signatures via a petition drive for increased funding for Older Americans Act and state funded services; and took eleven (11) seniors from Genesee, Lapeer and Shiawassee Counties to Lansing for Older Michiganians Day in June. VAAA also issued three (3) Valley Alerts on the following: Stimulus Legislation; the switch from analog to digital television; and Older Michiganians Day.



*Pictured above:*  
Kathryn C. Boles,  
Executive Director

*Pictured left:*  
Kent Copeman,  
Board Chair

Additional highlights of the 2008 fiscal year are:

- Partnered with Genesee County Community Action Resource Department (GCCARD) to conduct home delivered meal assessments with Genesee County Senior Millage funding. This resulted in a cost per meal savings of \$.60 for Genesee County.
- Partnered with Genesee County Senior Millage and Genesee County to establish an innovative use of leverage senior millage dollars as Medicaid match to expand the MI Choice Waiver Program. A total of \$255,000 in millage funds were approved to be used to leverage \$615,000 new Medicaid dollars into Genesee County.
- Partnered with Genesee County Senior Millage to expand the Care Management program by \$161,900 to serve more frail senior citizens in their homes.
- Successfully implemented the federal demonstration grant called "Matter of Balance. A total of 10 volunteer coaches were trained; 5 community partners participated; and 60 participants completed the program, which included Genesee and Lapeer County residents.
- VAAA moved to a new location, resulting in a cost avoidance of \$36,000 over two years
- Completed our web survey for identifying VAAA strengths and opportunities for improvement and to help determine the development for future programs. VAAA received a 24% response rate from community stakeholders

In 2009, VAAA will begin its 35<sup>th</sup> year of service to the 60+ population of Genesee Lapeer and Shiawassee Counties. Our service providers and community partners, corporate sponsors, volunteers, Advisory Council, Advocacy Council, Board of Directors and staff have worked, and will continue to work, tirelessly to address the needs of the seniors in Region 5.

Kathryn C. Boles  
Executive Director

Kent Copeman, Chair  
Board of Directors

## 2008 Board of Directors

### Senior Citizens Representatives

#### City of Flint

P. Doris Buckner, **Secretary**  
Jim Buterakos, Hurley  
Lucille Jones

#### Genesee County

Jake Collins, HealthPlus of Michigan  
Judy Garza  
Barbara Veasley

#### Lapeer County

Kent Copeman, **Chair**  
Kenneth Ewing  
Delos Gitre, **Vice-Chair**

#### Shiawassee County

James Capitan  
Loretta Rolfes

### Emeritus Members

Lucille McCaffrey  
Willie Thrasher, Jr.  
John Tyiska

### Elected Officials

#### City of Flint

Jackie Poplar  
Carolyn Sims

#### Genesee County

Woodrow Stanley  
Vacant

#### Lapeer County

Linda Jarvis  
Dave Taylor

#### Shiawassee County

Gerald Cole, **Treasurer**  
Jack Johnson

## Agency Highlights

### Senior Power Day

Sponsors for Senior Power Day 2008 included:

- Genesee County Parks & Recreation Commission
- UAW Region 1C
- UAW Region 1C Retirees
- HealthPlus of Michigan
- WFNT Unforgettable 1470 AM
- Mass Transportation Authority
- GCCARD Senior Food Program
- Sun Valley Foods
- Walgreens
- Humana
- Senior Director's Association
- FJ Grafik, Inc.
- Benefit Resource Group
- Critical Signal Technologies
- Genesys Health System
- Maxim Healthcare
- Dort Federal Credit Union
- VG's Food Centers

### Annual Meeting

Sponsors for VAAA's First Annual Meeting in 2008 included:

- Molina Healthcare of Michigan
- Blue Cross Blue Shield of MI
- American House
- HAP
- Lockwood
- Citizens Bank
- AT & T
- Wright & Filippis
- Plante & Moran
- Guardian Medical Monitoring
- HealthPlus of Michigan
- UAW Local 598
- Humana
- Evergreen Home Health

## Community Services

**Valley CHOICE Programs** provide supportive services to older persons and their caregivers. These services are designed to allow clients to live independently in their own homes for as long as possible.

**Case Coordination and Support** – serves persons who need minimal assistance in their homes in order to assist them with independent living. A case manager monitors the health status of these clients and arranges for in-home services on their behalf. In Fiscal Year 2008 a total of **248** clients were served.

**Care Management** – provides more intensive supportive home care services for persons who are at risk of nursing home placement but do not financially qualify for the Medicaid Waiver program. In Fiscal Year 2008 a total of **272** clients received assistance.

**Medicaid Waiver** – provides for low-income, medically-needy older persons and persons with disabilities age 18 and older. Comprehensive arrays of supportive services are provided under the direction of a care management team of both a nurse and a social worker. The program provided comprehensive services to **322** clients. Of the clients served, **78** were 18-64 years old, **212** were 65-89 years old, and **32** were 90+ years of age.

**Senior Community Service Employment Program (SCSEP)** – enables VAAA to assist nine older adults acquire marketable skills and supplemental income through job placement in area community service agencies or senior centers. Participating organizations in FY 2008 included: Department of Human Services – Pierson Road; Flint Family Road; GCCARD Senior Nutrition Program; Hasselbring Senior Center; King's Closet; L. Bobb Adult Foster Care; Pierce Park Senior Center; Road to Freedom; and Valley Area Agency on Aging. SCSEP is established by Title V of the Federal Older Americans Act.

**Older Worker Employment and Training** – offers job-seeking assistance, classroom and on-the-job training, and placement of successful candidates into unsubsidized employment. Twenty-nine (29) individuals were assisted in FY 2008. This program is funded by a grant from Michigan Works! Career Alliance.

**Medicare Medicaid Assistance Program (MMAP)** – Volunteer Counselors assisted 1,653 clients in the tri-county area and approximately \$101,129.50 in client prescription savings. A significant portion of their time was assisting older adults to understand and enroll in the new Medicare Part D prescription drug coverage.

**Crisis Intervention Program** – provides short-term custodial care and care management services for Genesee County seniors 60+ years of age during recovery. A total of **114** seniors received assistance. In addition, 20,453 hours of homemaking were utilized.

**Information & Assistance Services** - provides answers to many problems and concerns facing our aging and disabled population and identifies resources in the community to assist clients. A total of 35,452 requests were received.

## Service Provider Partners

In 2008, the Valley Area Agency on Aging contracted with and/or purchased services from the following providers:

Alzheimer's Association  
 American House North  
 Amigo Mobility Center  
 Blount's Lawn Care Service  
 Brittwood Builders  
 Care N Assist, LLC  
 Catholic Charities/SSIC  
 Center for Gerontology  
 Citizens for Better Care  
 Comfort Keepers  
 Communication Access Center  
 Critical Signal Technologies  
 Cypress Home Care, Inc.  
 Evergreen Personal Services  
 Family Service Agency  
 Flint Parks & Recreation  
 Flushing Area Senior Center  
 Friends Who Care  
 GCCARD/Senior Food Program  
 Genesee Charter Township  
 Genesee County Health Department  
 Genesis Home Healthcare Providers  
 Gentiva Health Services  
 Guardian Medical Monitoring  
 H-Care Nursing Services  
 Helping Hand Home Care  
 Hispanic Service Center  
 Home Care Alternatives  
 Husband For A Day  
 Hyde Park Assisted Living  
 Incredible Lawscapes  
 Independent Home Care of MI, LLC  
 Lapeer County Health Department  
 Lapeer County Senior Programs  
 Legal Services of Eastern Michigan  
 Lifehouse Management  
 Lifeline Systems, Inc.  
 Living Joy of Flushing  
 Loving Hands Adult Day Services  
 M & Y Care  
 Maxim Healthcare Services, Inc.  
 Metropolitan Housing Development Corp.  
 Montrose Senior Center  
 Raymond's Lawncare  
 Respite Volunteers of Shiawassee County  
 Right At Home  
 Rockwell Assisted Living  
 Rockwell Memory Impaired  
 Rose Pest Solutions  
 Season's Change  
 Shiawassee County Health Department  
 Shiawassee Council on Aging  
 Sobak's Home Medical, Inc.  
 Spartan Healthcare Staffing Services, Inc.  
 Tender Care Home Health  
 University of MI – Flint/Physical Therapy Dept.  
 Visually Impaired Center  
 VRI Lifeline Michigan  
 Wright & Filippis, Inc.

<i>2008 Older Americans Act Funded Services</i>	<i>Clients Served</i>	<i>Hours Served</i>
Adult Day Care	44	64,257
Chore	153	785
Hearing Impaired	364	2,360
Homemaker	270	33,379
In & Out of Home Respite Care	183	48,291
Information and Referral	35,452	35,452
Legal Aid	248	2,862
Lifeline	20	191
Medication Management	8	427
Outreach	213	2,218
Personal Care/Private Duty Nursing	40	29,133
Senior Center Staffing	10073	13,046
Vision Services Need	130	595
<i>Services</i>	<i>Clients</i>	<i>Contacts</i>
Ombudsman	251	1,405
<i>Services</i>	<i>Clients</i>	<i>Meals Served</i>
Congregate Meals	3,925	144,809
Home Delivered Meals	2310	587,746
<i>Services</i>	<i>Clients</i>	<i>Screenings</i>
Health Screening	234	234
<i>Services</i>	<i>Clients</i>	<i>Trips</i>
Transportation	60	60
<i>Services</i>	<i>Clients</i>	<i>Workshops</i>
Caregiver Training/Alzheimer Education	120	12
Elder Abuse Education	686	75
<i>Services</i>	<i>Clients</i>	<i>Dollars</i>
Durable Medical Equipment	124	\$15,203.24
Minor Home Repair	101	\$27,407.25

Note: Figures taken from unaudited 4<sup>th</sup> Quarter Reports submitted by subcontractors.

\*Reflects number of clients served

**Fiscal Year 2007  
Fiscal Summary\***

<i>Support &amp; Revenue</i>		<i>Expenditures</i>	
Federal	\$ 4,192,179	Care Mgt./ HCBS E/D Waiver	\$ 2,567,348
State	3,343,049	Nutrition	1,968,148
Local Match	147,723	Supportive Services	2,507,427
Other Grants	37,139	Administration	438,556
Other Income	38,777	Employment Services	117,136
Interest Income	7,639	Program Development	88,108
<b>Total Support &amp; Revenue</b>	<b>\$7,746,506</b>	<b>Total Expenditures</b>	<b>\$7,686,723</b>

*Support & Revenue in Excess of Expenditures: \$59,783*

*\*The Fiscal Summary is based on FY07 audited information.*

*\*\*Additional units of service are provided in the programs which generate program income.*

**Fiscal Year 2008  
Resource Development**

VAAA sought additional resources in 2007, other than the federal/state funds earmarked for senior programs. A total of \$558,890 was received in Region V for the following programs or services:

<i>Contributor</i>	<i>Amount</i>	<i>Purpose</i>
Anonymous Donor	\$40,000	Crisis Intervention Program
Career Alliance	\$48,200	WIA Adult Worker Services
Community Foundation of Greater Flint	\$30,000	Crisis Intervention
Merkley Charitable Trust	\$5,000	Healthy Aging Nutrition Education and Exercise Project
Michigan Department of Community Health	\$8,326	Alzheimer's Caregiver Education Workshops
Thome Memorial Foundation	\$21,000	Senior Services for Owosso, MI
Michigan Office of Services to the Aging	\$69,795	Senior Community Service Employment Program (SCSEP)
Ruth Mott Foundation	\$5,000	Healthy Aging Nutrition Education and Exercise Project
Michigan Office of Services to the Aging	\$56,250	Evidence-Based Prevention Programs - Matter of Balance
Medicare Medicaid Assistance Program	\$65,475	Assistance with Medicare/Medicaid
Genesee County Senior Millage	\$161,900	Care Management program
Genesee County Senior Millage	\$34,194	Home Delivered Meals

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